

Kent Virtual Family Hub Timetable

September 2026 - August 2027

Virtual Delivery



Baby, Family and You



**Online Safety for
Parents/ Carers**



Everyday Digital



**Strengthening Family
Relationships**



Baby, Family and You (Virtual)

September/October

Day: Fridays
Date: 11th September to 2nd October
Time: 10am-12pm
Location: Virtual

November/December

Day: Fridays
Date: 25th November to 16th December
Time: 1pm-3pm
Location: Virtual

February/March

Day: Thursdays
Date: 25th February to 18th March
Time: 1pm-3pm
Location: Virtual

June

Day: Fridays
Date: 8th June to 29th June
Time: 1pm-3pm
Location: Virtual



Everyday Digital (Virtual)

November/December

Day: Thursdays
Date: 5th November to 3rd December
Time: 10am-11.30pm
Location: Virtual

February/March

Day: Mondays
Date: 1st February to 1st March
Time: 10am-11.30pm
Location: Virtual

May/June

Day: Tuesdays
Date: 4th May to 1st June
Time: 10am -11.30am
Location: Virtual

Online Safety for Parents/Carers (Virtual)

October/November

Day: Thursdays
Date: 8th October to 19th November- excluding half term
Time: 9am-11.30am
Location: Virtual

January/February

Day: Wednesdays
Date: 6th January to 10th February
Time: 6pm-7pm
Location: Virtual

April/May

Day: Wednesdays
Date: 14th April to 19th May
Time: 12pm-1pm
Location: Virtual

June/July

Day: Mondays
Date: 7th June to 12th July
Time: 10.30am -11.30am
Location: Virtual



Strengthening Family Relationships (Virtual)

September

Day: Wednesday
Date: 16th September
Time: 1-3pm
Location: Virtual

October

Day: Tuesday
Date: 13th October
Time: 12.30pm-2.30pm
Location: Virtual

November

Day: Thursday
Date: 12th November
Time: 10am-12pm
Location: Virtual

December

Day: Monday
Date: 7th December
Time: 1-3pm
Location: Virtual

January

Day: Thursday
Date: 21st January
Time: 10am-12pm
Location: Virtual

February

Day: Thursday
Date: 11th February
Time: 6pm-7pm
Location: Virtual

March

Day: Tuesday
Date: 16th March
Time: 10 am-12pm
Location: Virtual

April

Day: Friday
Date: 16th April
Time: 1pm-3pm
Location: Virtual

May

Day: Tuesday
Date: 18th May
Time: 9.30 am-11.30am
Location: Virtual

June

Day: Thursday
Date: 10th June
Time: 1pm-3pm
Location: Virtual

July

Day: Friday
Date: 23rd July
Time: 10am-12pm
Location: Virtual

August

Day: Wednesday
Date: 11th August 2027
Time: 12pm-2pm
Location: Virtual



Please note: that this workshop is not appropriate if domestic abuse is ongoing unless the abuse is historic - i.e. 12 months ago or more). Search this link: domesticabuseservices.org.uk to get support for domestic abuse.

Information

Learn, connect and build confidence from home with Kent Family Hub's free virtual courses. Support, advice and guidance for parents and carers at every stage of family life. All our virtual courses are delivered via Microsoft Teams.

Baby, Family and You (Virtual)

Are you expecting a baby or have a child up to 12 months old?

Baby, Family and You is a free 4-week course for parents and carers, offering support with common parenting challenges during your baby's first year. The course helps build confidence, strengthen family relationships, and create a positive start for you and your baby through practical guidance and supportive discussions.

Everyday Digital (Virtual)

Everyday Digital is a free 5-week virtual course for parents and carers, helping families build safe, healthy digital habits at home. Explore online safety, privacy, screen time, and media literacy while gaining practical tips to help your family stay informed, positive, and confident in the online world.

Online Safety for Parents/Carers (Virtual)

Online Safety is a free 6-week virtual course for parents and carers, helping you understand online safety, social media, gaming, and privacy. Learn practical tips, explore common digital risks, and build confidence in supporting your child to navigate the online world safely and responsibly.

Strengthening Family Relationships (Virtual)

Reducing Conflict Together is a free virtual workshop for parents and carers across Kent and Medway. It offers practical tips to help manage stress, improve communication, and reduce conflict, supporting a calmer and more positive family environment. **Please note this workshop is not suitable where domestic abuse is ongoing. If abuse is historic (12 months or more ago), the workshop may be appropriate. Partners, including separated partners, cannot attend the same session.**

Follow us on our socials!



@KentFamilyHub



@KentFamilyHub

Book your place today!

<https://www.kent.gov.uk/virtualfamilyhub>