



Sevenoaks Family Hubs Timetable

7th September 2026 - 23rd October 2026

Our Family Hubs:

Swanley FH
03000 421545

St Mary's Road
Swanley
BR8 7BU

Sevenoaksfh@kent.gov.uk

Edenbridge FH
03000 420995

High Street
Edenbridge
TN8 5AB

Sevenoaksfh@kent.gov.uk

All of our groups
and services are
free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Swanley

Requires
Booking

Little
Talkers
10.00am -
11.00am

Communication
Tree
1.30pm-2.30pm

Invite
only

Time to
Shine
12+
5.30pm - 7.00pm

Invite
only

Stay and Play
with Little Book
Worms
9.30am -
11.00am

Time to
Shine
8-11 years
3.30pm - 5.00pm

Invite
only

Child Health Clinic
& Infant Feeding
Support
9.15am - 11.15am
LAST DOOR ENTRY
11AM

Baby
Group
9.30am -
11.00am

Health
Visiting
Services
11.15am - 4.30pm

Pre
Booked

Baby
Massage
1.30pm -
2.30pm

Invite
only

Talking Walk Ins
3rd Thursday
Monthly
9.30am -
11.30am

Drop
In

Compass
Orchard
Academy
2.00pm-3.00pm

Edenbridge

Edenbridge is currently CLOSED on
Mondays and Tuesdays.
We hope to welcome you
back soon.
Thank you for your understanding

Pre
Booked

Health
Visiting
Services
9.00am-4.00pm

Invite
only

Time to
Shine
12+
5.30pm - 7.00pm

Pre
Booked

Health
Visiting
Services
9.00am-4.00pm

Invite
only

Stay and Play
with Little Book
Worms
10.00am -
11.30am

Time to
Shine
8-11 years
3.15pm - 4.30pm

Child Health
Clinic
9.15am -
11.15am

Baby
Group
9.30am -
11.00am

Baby
Massage
1.30pm -
2.30pm

Invite
only



Information

Stay and Play with Little Bookworms

0 - 5
Years
Old

Weekly Group

A relaxed session for families with play, singing, stories and messy fun for children aged 0-5. Free book packs included

Drop In

Baby Group

0 - Pre
Mobile

Weekly Group

A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For babies who are pre-walking.

Drop In

Communication Tree

2 - 5
Years
Old

4 Week Course

A 4-week course to understand how communication develops. For children aged 2 years plus, including fun activities to boost your child's communication skills.

Invite Only

Compass

11 - 18
Years Old
(25 with
SEND)

Weekly Group

A 10 week session course helping children 11+ manage emotions and develop skills to cope with life's challenges.

Invite Only

Time to Shine

8-11
Years
old

Weekly Group

12+
Years
old

Small, supportive groups for children, split into age ranges (8-11 years and 12+), with SEND to build confidence and social skills through fun activities.

Invite Only

Little Talkers

2 - 5
Years
Old

6 Week Course

A playful 6-week course for 2-5 year olds to build speech, language and attention skills.

Self referral - requires booking

Child Health Clinic & Infant Feeding Support Group

Family

Weekly

A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Breastfeeding information, advice and support is also available. Please see the timetable for clinic times.

Drop In

Talking Walk Ins

2 - 5
Years
Old

3rd Thursday Monthly

Support for children with speech and language, facilitated by Speech and Language Therapist
Drop in session
Limited spaces

Drop In

Sensory Room SEND

0 - 11
Years
Old

Parent
to
attend

We have a sensory room available at Swanley and Edenbridge Family Hub for children with SEND to explore sensory activities, toys and have a calm and peaceful experience.

Each session lasts 45 minutes
Please email Sevenoaksfh@kent.gov.uk for more information and to book

Requires Booking

Baby Massage

8 Weeks
to
6 Months

5 Week Course

A 5-week course to learn soothing massage techniques to help your baby relax, sleep better and ease colic. Great for bonding. For babies 0-6 months.

Invite Only

Useful Contact Numbers:

Midwife	01322 428753
Health Visitor	03001 234497

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door:



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:

